



HEPNESS

Project	Healthy Environment Promotion and Ecosystem Services Support for Active Cities Development		
Acronym	HEPNESS		
Length	24 months		
Start	January 1 st , 2017	End	December 31 st , 2018
Funding	Erasmus+ Sport		
Principal Investigator	Jan van der Borg		
Scientific Area			
Abstract	<p>HEPNESS establishes a transnational cooperation where cities, research and sport organizations advance new synergies to develop health and sport cities, enhancing cultural and natural assets and ecosystems services for the promotion of an active lifestyle. Integrating physical activity into daily lives is a creative process, where cities can enhance resources, before building new infrastructures. It is a process that requires the contribution of numerous cities departments and public private partnership amid cities, sport associations, tourism organizations, healthy and educational settings.</p> <p>By providing methodological and practical tools, and by reinforcing the capacity of decision makers to define people centred policies and develop interventions for physical activities promotion that draw on the contribution of numerous sectors, HEPNESS generates new leadership for the promotion of health sport cities.</p> <p>The HEPNESS Perspective and the Framework of practices are developed with the purpose of inspiring numerous cities to implement health-sport programs, and enhance recreational ecosystem services for active lifestyle.</p>		
Project budget			
UNIVE budget	€ 70.786,00		