

## Plant Food-Medicines

## Perceptions, Traditional Uses and Health Benefits of Food Botanicals, Mushrooms, and Herbal Teas

AN ONLINE WORKSHOP FOR "FOODS" JOURNAL SPECIAL ISSUE

FEBRUARY 24 (10.30-12.30 CET), FEBRUARY 25 (10.30-17.00 CET)

## What are we doing?

Exploring the potential of plants ingredients in culinary transformations to broaden our knowledge of healthy foods and "food-medicines" and develop the base material for two or more papers to submit to the Special Issue









Day 1 Roundtable and presentation of topics with Guest EditorsDay 2 Teamwork on assigned topics:

- Trends between traditional food medicines and healthy foods across Countries
- Practices of re-inventing healthy foods across the world
- Cross-cultural analysis of public nutrition policies
- Defining healthy food across Countries
- Are you working on a research topic for this Special Issue?
   Let's do it together!

## Who are we looking for?

Are you interested in plant food-medicines? The workshop is open to established and emergent academics as well as professionals (e.g. chefs and artists)!







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To register, please
fill in the <u>form</u>
For more info, see
<u>here</u> or ask
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