

Ballroom Lab

Teatro Ca' Foscari 2024, Workshop

November 14, 2024

[Teatro Ca' Foscari in Santa Marta](#), Dorsoduro 2137, 30123 Venezia

A **Performance Lab** directed by **Chiara Frigo** and inspired by "**Ballroom**", a communitybased art and practice project created in collaboration with **ESN Venezia**.



How to participate

Anyone who is a student at Ca' Foscari University of Venice can apply.

If you wish to apply, please fill in and send this [application form](#). The deadline is **November 7th, 2024 at 12 noon**. The application requires that you attach the following:

1. **Your CV**, with updated personal information (name, surname and date of birth), contacts (phone number and email address), relevant educational background and experience;
2. **A motivational letter** (max 1000 keystrokes including spaces)

Only applications containing the **required attachments** will be taken into consideration. No specific previous experience is required. Please note that the Lab will be carried out in Italian and English.

Participation is free of charge. Successful applicants will be announced by November 8.

The lab

The lab is inspired by the physical practices of “Ballroom”, a community-based and participatory art project created in 2013 within the scope of the European “Act Your Age” project (IT, NL, CY). “Ballroom” is an itinerant performance; it travels from place to place involving local communities and the venues where it is performed (museums, parks, libraries, or public squares). This lab and this performance try to create enhanced experiences of the public sphere, temporarily transforming places and relationships to celebrate art and give voice to the inner need of gathering.

“Ballroom Lab” shares some of the soft skills that are used in performing arts, such as empathy, the ability to face uncertainty, complexity, inclusion, taking care and accepting differences, to foster inclusivity and create temporary communities. A newly formed community becomes a collective resource for sharing responsibilities, identity, and a sense of belonging. Chairs laid out in a rectangle will re-create the enchanting environment of a dance hall, with touches of pop and speed dating.

Chiara Frigo

Chiara Frigo is a choreographer and performer with a degree in Molecular biology. Her first performance “Corpo in Doppia Elica” won the first prize at Belgrade’s Festival Choreographers Miniatures (2006). The solo “Takeya” was awarded the GD’A Veneto prize and was selected by Anticorpi XL and the European network Aerowaves. Since 2009 she has been a part of international choreographic research projects supported by Operaestate Veneto, such as “Choreoroam” and “Tryptic”, which were the starting point of a long-lasting collaboration with the Montreal Circuit Est Centre. She was awarded the Residences a La Caldera (Spain) with “Suite-Hope”, which went on to represent Italy at the Edinburgh Fringe Festival. Frigo created “West End” and “Ballroom” within the European project Act Your Age and in 2017 she created the choreography “Storm” for the Ballet of Rome Company. Her solo “Himalaya_drumming” started a period of exploration on topics such as spirituality and art. Frigo is currently working on “Flight or Flight-Tre sorelle in fiamme” and “Miss Lala al Circo Fernando”, together with Marigia Maggipinto.

For more information

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