

Summary of the fifth meeting: MANAGING TIME

Many abilities are required in order to succeed in a projects (problem solving, motivation, capabilities...), however it is not possible to succeed without organizational competences, which can be understood as effective planning and time managing, the second can rely also on technological tool support. Having good organizational competences means being able to focus on priorities, identifying, among all the tasks that have to be fulfilled, the ones that are in line with designated objectives and defining their relevance according to the urgent/important principle (Eisenhower's time management), and also monitoring executive processes with readiness to take the necessary steps in order to make changes or renounce to something. It is probably because people are used to recognize insufficient time-managing during the studies, which represents one of the most frequent barrier for the students, that they relate these themes with educational activities. Considering how much nowadays it is necessary to give importance to free time activities, which are functional for developing both personal interests and a holistic self-concept that leads to the development of identity, during the meeting will be broadened the meaning of "time". This meeting's aim is to allow all the participants to think about their capability of managing their lives, identifying the habits that have to be modified and discovering new strategies and time perspectives that will enhance capabilities to persist and commitment for pursuing goals, in cooperation with other people.

