



**Join the university sports activities. Come row, run, ski, dance, sail, play volleyball, football, basketball, rugby, tennis... and above all, come and have fun with us!
Erasmus students are welcome!**

Università
Ca' Foscari
Venezia



Ca' Foscari University of Venice
Dorsoduro 3246
30123 Venezia
www.unive.it

You can find Ca' Foscari also on



www.radiocafoscari.it
is the University's web radio

**Choose
Ca' Foscari
Do sport
with us**

**www.unive.it/cafoscarisport
sportnautici@unive.it
www.cusvenezia.it
info@cusvenezia.it**

SPORTING ACTIVITIES

ACTIVITIES AT CA' FOSCARI

Cultural Promotion Office in cooperation with IUAV University,
CUS Venezia

ROWING COURSES

Dragon Boat, Venetian Rowing, Kayaking, Rowing beginner courses;
hikes and trips to the islands of the lagoon.

Contact: sportnautici@unive.it

Dragon Boat, Venetian Rowing and Kayaking:

Spring course (March, April, May), single lessons
Autumn course (September, October), single lessons
€2.50 per lesson
Location: Venezia, nautical centre "Sacca San Biagio"
(Sacca Fisola)

Rowing:

6-lesson spring course (April, May) on Friday Morning
per lesson €30,00 for the entire course (6 lessons)
Location: Venezia, nautical centre "Sacca San Biagio" (Sacca
Fisola)

Venetian Rowing in Cannaregio:

6-lesson spring course (April, May) on Saturday Morning
€30,00 for the entire course (6 lessons)
Location: Venezia, nautical centre "Punta San Giobbe"

Rowing in Mestre:

14-hour spring course (April, May)
Location: Mestre, nautical centre "Canottieri Mestre ASD" (Punta
San Giuliano)"

COMPETITIVE ACTIVITIES AND SPORTING EVENTS

DRAGON BOAT: participation in National and
International Championships; University Championship
ROWING ON GALEONE: University International Rowing Challenge
during the traditional "Regata Storica"

Contact: sportnautici@unive.it

CLUBS

Chess club (scacchi@unive.it)
meets at various Ca' Foscari venues

Running club (palestra@cusvenezia.it)
training at CUS Venezia

Uni CleanUp Venice Club (sportnautici@unive.it)
in collaboration with Sustainability Office

CUS VENEZIA SPORTING ACTIVITIES

c/o UNIVERSITY SPORTS FACILITIES
(Dorsoduro, 2407 – 30123-Venice)
For registration and information, please contact the CUS Venezia
Secretariat Contact Tel. 041.5200144 – info@cusvenezia.it/
palestra@cusvenezia.it or sign up with the form downloadable at
<https://www.cusvenezia.it/english/>

- Fitness Gym
- Judo, Ju Jitsu and self-defence courses
- HIIT (High Intensity Interval Training) courses
- Classical Pilates courses
- Functional Training courses
- Volleyball courses
- Tennis courses
- Calisthenics courses

ACTIVITIES/COURSES TOGETHER WITH OTHER ASSOCIATIONS

Swimming (free swimming, swimming courses, aquagym, hydrobike
and aquagag)
Swimming pools: Centro Polisportivo S. Alvise – Rari Nantes
Sacca San Biagio (Venice)

Diving and freediving (courses of various levels, and certification)
Sub Rari Nantes Swimming Pool, Sacca San Biagio

Horseback riding (Lido riding club, Venice Lido)

Sailing on cabin cruisers (basic and advanced courses)
Race & Cruise (La Certosa)

Fencing (épée and foil for beginners and agonists)
DLF Scherma Venezia (C. Reyer Centre – Venice)

Yoga (courses)
Jaya Yoga (S. Polo 2171 – Venice)

Table Tennis basic and agonistic)
Tennis Tavolo Venezia (Palasport G.B.Gianquinto – Venice)

Kick Boxing Courses
Scorpio A.S.D. (Palasport G.B. Gianquinto – Venice)

Figure Skating
A.S. Skating Mestre (Arcobaleno Skating Track – Mestre)

San Giuliano Running Track (use of facilities)

Men's 5-a-side and women's 7-a-side rugby
Venezia Rugby (Bacini Arsenal and 4 Fontane Lido rugby field)

Bocce – Bowls (courses) A.S.D. Mariano Cucco - Venice

Snow walking (weekend or same-day)

Winter Camps in Val di Zoldo

COMPETITIVE ACTIVITIES WITH CUS VENEZIA

C.N.U. - National University Championships

You can participate with the Venetian university team in:

Winter C.N.U.

- Giant Slalom and Slalom skiing

Spring C.N.U.

- team sports: volleyball (m/f), 7-a-side rugby (m)
- individual sports: athletics, tennis, judo, karate, taekwondo,
wrestling, fencing, chess (new!), table tennis, canoeing, kayaking,
rowing and boxing

Federal Competitive Activities

You can participate in federal activities with the following teams:

- Men's and women's athletics
- Men's and women's judo
- Men's handball
- Men's and women's volleyball

Sporting events

- Variou sports events are organised throughout the year, such as:
- Department games with tournaments and multi-sport challenges
 - University 5-a-side Football Tournament (m)
 - University Sport Games - Alpine skiing
 - Plogging

(The events are organised in collaboration with IUAV University and
CUS Venezia)

Scholarships

Students regularly enrolled at Ca' Foscari can participate in the
awarding of 'Bravi nello studio, bravi nello sport' scholarships for
deserving students on the basis of both academic and sporting
results.