



PROJECT ACRONYM AND TITLE: HEPNESS - Healthy Environment Promotion and Ecosystem Services

Support for ACTIVE CITIES development

FUNDING PROGRAMME: Erasmus+

Action: Sport - Collaborative Partnerships

CALL: 2016

HOST DEPARTMENT/CENTRE: Department of Economics

ACADEMIC COORDINATOR: Professor Jan Van Den Borg

GRANT AGREEMENT NUMBER: 579646-EPP-1-2016-2-IT-SPO-SCP

FINANCIAL DATA:

| | |
|---------------------|-----------------------------------|
| Project total costs | Overall funding assigned to UNIVE |
| € 348,636.00 | € 56,629.00 |

PROJECT SUMMARY:

HEPNESS aims at establishing a transnational cooperation where cities (Vicenza, Bonn, Craigavon, Ljubljana, Sofia, Padova), research and sport organizations (ZRC SAZU, FOOTURA, UNIVE; USMA asd) advance new synergies to develop health and sport cities, enhancing cultural and natural ecosystem services for the promotion of an active lifestyle.

The project starts recognizing that, notwithstanding researches demonstrate the importance of Physical Activity for health, people in cities are less active than ever before. Considering that the built environment influences how people move and get around, and urban design is essential to encourage physical activity, cities should reconsider strategies integrating sport in diverse urban policies, being aware that, for example, encouraging walking and cycling contributes also to cleaner air and reducing greenhouse gas emissions.

Acknowledging that cities play a key role in enabling the population to become more active, and once developed an in-depth literature review and shared good practices of what cities can do to promote physical activities in the urban environment, the partnership will work towards the following dimensions:

- Sharing a perspective to support city leaders to adopt a human centred approach to public spaces design;
- Developing and testing new shared governance patterns to promote PA in the urban environment;

- Defining a monitoring framework to both assess impacts of policies and to call other cities to implement the Hepness cities challenge.

By providing methodology and practical tools, and by reinforcing the capacity of decision makers to define people centred policies and develop interventions for physical activity promotion that draw on the contribution of numerous sectors, HEPNESS aims at generating a new leadership for the promotion of health sport's cities.

| Planned Start date | Planned End date |
|--------------------|------------------|
| 1 January 2017 | 31 December 2018 |

PARTNERSHIP:

| | Organisation name | Country | Role |
|---|--|----------|-----------|
| 1 | Comune di Vicenza | Italy | Applicant |
| 2 | Università Ca' Foscari di Venezia | Italy | Partner |
| 3 | Bundesstadt Bonn | Germany | Partner |
| 4 | Armagh City, Banbridge & Craigavon Borough Council | UK | Partner |
| 5 | Znanstvenoraziskovalni center Slovenske akademije znanosti in umetnosti | Slovenia | Partner |
| 6 | NACIONALNO DVIZHENIE OBEDINENIE ZARAZVITIE NA SPORTA I SPORTNA KULTURA FUUTURA | Bulgaria | Partner |
| 7 | Unione Sportiva Maria Ausiliatrice | Italy | Partner |

WEBSITE: <https://www.hepness.eu/>